# Effect of various concentrations of Minimal Essential Medium vitamins (MEM vitamins) on development of sheep oocytes during in-vitro maturation

Farokh Kafilzadeh Ph.D., Hamed Karami Shabankareh Ph.D., Leila Soltani M.Sc.

Department of Animal Sciences, Faculty of Agriculture, Razi University, Kermanshah, Iran.

## **Corresponding Author:**

Farokh Kafilzadeh, Department of Animal Sciences, Faculty of Agriculture, Razi University, Kermanshah, Iran.

Email: Kafilzadeh@razi.ac.ir Tel/ Fax: (+98) 9122774933

Recieved: 13 November 2010 Revised: 13 March 2011 Accepted: 18 May 2011

# Abstract

**Background:** Improvements in culture media formulations have led to an increase in the ability of sheep embryo in culture throughout the preimplantation period.

**Objective:** This study was carried out to evaluate the effects of various concentrations of MEM vitamins during in vitro maturation of sheep oocytes and subsequent embryo development.

**Materials and Methods:** Sheep ovaries were collected from a slaughterhouse and transported to the laboratory. Oocytes were matured in SOF medium supplemented with, eCG, hCG and EGF in various concentrations of MEM vitamins (control, 0.5, 1 and 1.5×) for 24h. The cumulus oocyte compelex (COCs) were co-incubated with epididymal spermatozoa of post mortem rams in synthetic oviduct fluid fertilization (SOFF) medium with 10% heat inactivated estrous sheep serum for 18h. Embryos were cultured in synthetic oviduct fluid culture 1 (SOFC1) medium for 48h followed by cultured in synthetic oviduct fluid culture 2 (SOFC2) medium for six days.

**Results:** Addition of 0.5 and  $1 \times MEM$  vitamins significantly increased (P< 0.05) overall blastocyst development (21.62% and 22.33%; respectively) compared with  $1.5 \times MEM$  vitamins (15.59%), but there was no difference between control, 0.5 and  $1 \times MEM$  vitamins in the percentage of embryos successfully developing to the blastocyst stage (19.50%, 21.62% and 22.33% respectively).

**Conclusion:** It seems that addition of  $1.5 \times$  of MEM vitamins has detrimental effect on blastocyst rate.

Key words: Embryo development, IVM, MEM vitamins, Sheep, SOF.

This article was extracted from M.Sc. thesis.

# Introduction

sing in vitro production of embryos allows us to obtain a large number of offsprings from live or slaughtered animals (1) for research, genetic improvement or commercial purposes (2). In sheep, techniques for in vitro fertilization and in vitro culture of embryos (IVC) seems to be under control. However in most domestic species Invitro maturation (IVM) of oocytes needs to be perfected (1).

During IVM, oocytes undergo a series of cytoplasmic changes before the resumption of nuclear maturation, leading to variable competence of the resulting embryos (3). The alteration of basic maturation conditions can significantly affect oocyte competence as reflected by the morula and blastocyst yield after in vitro fertilization (IVF) (3).

Consistently successful and reliable oocyte maturation (both cytoplasmic and nuclear maturation) would dramatically improve the efficiency of preimplantation embryonic development as well as fetal development (4). Previous reports have indicated that the addition of water-soluble vitamins to the culture medium improved hatched blastocyst and enhanced development of rabbit and hamster embryos to the blastocyst stage (5-7).

Minimal However, the presence of Essential Medium vitamins (MEM vitamins) to semi-defined maturation medium enhanced subsequent developmental ability of caprine oocytes (8). In addition, supplementation of MEM vitamins during IVM enhanced subsequent parthenogenetic development in porcine oocytes (9).

While, the presence of low concentrations of MEM vitamins during IVM improved

development of procine nuclear transfer embryos (10). The addition of myo-inositol compared to MEM vitamins containing myoinositol in SOF medium is more beneficial for subsequent sheep embryonic development (11).

The addition of 1×MEM vitamins in semi defined maturation medium (SDMM) containing BSA-V and BSA-FFA as compared to addition of 1×MEM vitamins in SDMM containing BSA-05471 and controls is more beneficial for subsequent blastocyst development (12).

The MEM vitamins used for IVM contained B-complex including thiamin hydrochloride, riboflavin, pyridoxal hydrochloride, folic acid, D-calcium pantothenate, myoinositol, nicotinamide and choline chloride which function as coenzymes for energy production and synthesis of organic molecules. However, on the basis of our knowledge the benefical effects of various concentrations of MEM vitamins during maturation of sheep oocytes and subsequent in vitro embryo development have not been reported.

The objective of this study was to determine if supplementation of various concentrations of MEM vitamins in SOF maturation media (without protein supplements) could improve the maturation of sheep oocytes and their subsequent in vitro embryo development.

# Materials and methods

# Study design

Prospective experimental study.

## Chemicals

Unless mentioned otherwise, growth factors and other chemicals were purchased from Sigma (USA, St. Louis, MO), plastics from Falcon (UK, Becton Dickinson, Lincole, NJ), and hormones (eCG and hCG) from Intervet Schering-Plough Animal Health (Netherlands).

All the media were incubated at 39°C under humidified atmosphere of 5% CO<sub>2</sub> in air for 1 h prior to use.

# **Oocyte collection**

Sheep ovaries were transported from the local abattoir to laboratory in 0.9% saline at  $30\text{-}35^{\circ}\text{C}$ . They were washed three times with warmed 0.9% saline. COCs were aspireated from 2 to 6 mm follicles using an 21- gauge needle attached to a 10 ml syringe. COCs were collected in SOF HEPES medium supplemented with 14.24 mg/ml heparin and  $50~\mu\text{g/ml}$  gentamicin. In this medium, 20 mM NaHCO<sub>3</sub> was replaced with 20 mM HEPES, pH 7.4, and was supplemented with MEM amino acids and 4 mg/ml BSA.

## In-vitro maturation

COCs with at least three layers of nonexpanded cumulus and homogeneous cytoplasm were selected and washed three times in SOF HEPES and once in SOF maturation medium supplemented with, 0.23 mmol/L sodium pyruvate, 50 ng/ml epidermal growth factor (EGF), 10 IU/ml equine chorionic gonadotrophin (eCG) and 10 IU/ml human chorionic gonadotrophin (hCG) and penicillin/streptomycin (100 U/ml penicillin, 100 µg/ml streptomycin) (13).

The COCs were matured in 4 treatment groups: (I) SOF maturation medium (control), (II) SOF maturation medium supplemented with 0.5×MEM vitamins, (III) SOF maturation medium supplemented with 1×MEM vitamins SOF (IV) maturation medium and supplemented with 1.5×MEM vitamins. Oocytes were matured in groups of 10 per 50 µl droplets in culture dishes under 10 ml mineral oil. Maturation proceeded for 22 to 24h at 39°C and 5% CO2 in air with almost 100% humidity.

# In-vitro fertilization

At the end of the maturation period, oocytes were briefly placed in SOF maturation medium supplemented with 500 IU/ml hyaluronidase, followed by gentle pipeting to dissociate surrounding cumulus cells and washed three times in fertilization medium. Oocytes (10 to 15) were placed into a 100 µl drop to which sperm cells were added 5 min later. An epididymal spermatozoa was

collected from post mortem rams and kept at room temperature for up to 2 h, then washed in SOF, and centrifuged twice at 200×g for 5 min.

The medium used was SOF, as originally described by Tervit *et al* (14), enriched with 10% heat inactivated estrous sheep serum. Sperms were counted by a hemacytometer and checked for acceptable motility (i.e., at least 80% progressively motile); then oocytes were inseminated by addition of sperm to result in a final concentration of  $1.0 \times 10^6$  motile sperm per milliliter. Sperm and oocytes were incubated under mineral oil at 39°C under humidified atmosphere of 5% CO<sub>2</sub> for 18 h.

#### In-vitro culture

Embryo culture took place in modifid SOF under mineral oil in a humidified atomosphere of 5% CO<sub>2</sub> and 5% O<sub>2</sub> and 90% N<sub>2</sub> at 39°C. Between 15 and 18 h after insemination, presumptive were denuded zygotes cumulus cells surrounding by repeated pipetting in SOF HEPES and subsequently washed three times in SOF HEPES before being transferred to the culture droplets (50 µl) in groups of 10 to 15 embryos.

Cleavage was assessed after 48 h of culture, and the number of embryos developing to the morula and blastocyst stages were assessed on day 8. To prevent toxic accumulation of ammonium as a result of amino acid degradation, SOF medium was replaced every 48 h. In this study, we used a sequential culture system.

The first (SOFC1) medium contained 0.8% crystallized BSA, MEM nonessential amino

acids, 1mM glutamine, 1.5 mM glucose, and 10  $\mu$ M EDTA for the first 48 h. Then, the medium was replaced by the second system (SOFC2) containing 0.8% crystallized BSA, MEM nonessential amino acids, MEM essential amino acids, 3 mM glucose, and 1 mM glutamine for the remaining 6 days of culture.

## Statistical analysis

Each experiment was replicated at least 6 times and COCs were randomly allocated into each treatment group. The data were analyzed by one-way ANOVA using the SPSS program. A percentage morula data were subjected to  $\sqrt{x}$  transformation analysis. Duncan's multiple range test was differences to test the between treatments. P<0.05 indicated as a significant difference.

# Results

In the present study, there were no differences between treatments in the percentage of embryos successfully developing to the cleavage stage, expressed as a percentage of total inseminated oocytes (Table I). There were no differences in development to morula of cleaved embryos (Table I). No significant difference was also observed in blastocyst rates between 0.5x, 1×MEM vitamins and control groups (21.62%, 22.33% and 19.50%; respectively). The presence of 1.5×MEM vitamins significantly decreased the percentage of blastocyst (p<0.05) as compared with addition of 0.5 and 1×MEM vitamins (Table I).

Table I. The effect of different concentrations of MEM vitamins on the in vitro maturation and development of sheep oocytes.

Treatments	Oocytes (n)	Cleavage (%)	Morula (%)*	Blastocyst (%)*
SOF	246	58.58±6.77 <sup>a</sup> (144)	36.74±5.25° (53)	19.50±1.16 <sup>ab</sup> (28)
$SOF + 0.5 \times MEM$	250	$60.03\pm4.86^{a}$ (150)	34.88±3.05 <sup>a</sup> (52)	$21.62\pm1.02^{a}(32)$
$SOF + 1 \times MEM$	251	67.07±5.71 <sup>a</sup> (168)	39.08±5.02 <sup>a</sup> (65)	22.33±1.11 <sup>a</sup> (37)
$SOF + 1.5 \times MEM$	254	70.44±4.19 <sup>a</sup> (179)	33.21±5.23 <sup>a</sup> (59)	$15.56\pm2.0^{b}(28)$

*Note*: Data expressed as mean±SEM of six replicates. SOFM= synthetic oviduct fluid medium (control); SOF+0.5×MEM=SOF maturation medium supplemented with 0.5×MEM vitamins; SOF+1×MEM=SOF maturation medium supplemented with 1×MEM vitamins; SOF+1.5×MEM=SOF maturation medium supplemented with 1.5×MEM vitamins.

<sup>\*</sup> Morula and blastocysts per cleaved oocytes.

<sup>&</sup>lt;sup>a,b</sup> Different letters indicate statistical difference within each column (p<0.05).

# **Discussion**

Synthetic oviductal fluid (SOF) medium, which was originally based upon biochemical and physiological analysis of sheep oviductal fluid (14), has been used in the IVM of bovine (3,16), goat (8), bitch oocytes (17) and in the in vitro culture of sheep embryos (14, 18). In the present study, the effect of various conecntrations of water-MEM soluble vitamins in the in-vitro maturation of sheep oocytes was evaluated. Water-soluble vitamins and quasi vitamins may play a significant role in oocytes metabolism.

The addition of 0.5 and 1×MEM vitamins to maturation medium had no significant effect (p>0.05) on enhancing sheep embryo development in comparison to control groups, although there was a numerical increase. The development of embryos to the blastocyst stage was improved by the addition of 0.5 and 1×MEM vitamins to SOF medium compared with using of 1.5×MEM vitamins.

The benefical effects of low concentration of MEM vitamins have been observed during in vtiro maturation of porcine oocytes (9, 10) but, addition of vitamins to IVC medium did not promote continued parthenogenic development to blastocyst stage in pig embryo (9).

Koo et al (19) showed that using 1x or more of MEM vitamins was ineffective or had a detrimental effect on IVC of porcine embryos, while Bormann et al (8) reported a beneficial effect in IVM of caprine oocytes when 1xMEM was used. Such a difference between goat and pig oocytes in their response to various concentrations of water-soluble MEM vitamins is unclear. But, the effect of vitamin concentrations appears to be species-dependent (10).

A study on bovine zygotes indicated that the addition of vitamins during IVF had no effect or tended to decrease the frequency of embryos attaining the blastocyst stage (20). A numerical reduction in bovine morula percentage was also detected by Takahashi and First (20, 21).

Inositol is an affector of structure and function of membranes. This vitamin may play a role in the phosphatidylinositol second messenger system (22). Inositol may play an essential role in the formation of pronuclei during in vitro fertilization (6). In an in vitro culture study with sheep embryos Gardner et al showed that the addition of vitamins significantly increased blastocyst metabolism as determined by glucose uptake and lactate production per cell. They concluded that vitamins facilitated changes in relative activities of specific enzymes involved in energy metabolism, leading to an increase in glucose utilization (18). It has also been reported that the presence of amino acids and vitamins in culture medium reduce the elevation in glycolytic activity, prevent any drop in oxidative capacity and maintain viability at levels of in vivo developed blastocysts (23).

Results from the present study indicated that 0.5 and 1×MEM vitamins as compared to 1.5× had a positive effect during maturation resulting in an increased development of blastocyst from cleaved embryos. The MEM vitamins solution contained 6 vitamins and 2 quasivitamins. Therefore, the effect of vitamins in a specific combination (MEM) rather than the effect of individual vitamins in various concentrations was determined.

significant reduction in blastocvst percentage (1.5x) indicating a detrimental effect on ovine blastocyst development may be due to the high concentration of any of the vitamins in MEM. It is possible that, some of the vitamins, which had no effect in MEM mixture at low concentrations, exerted a negative effect at higher concentrations. Further research is obviously needed to determine the effect of individual vitamins in the various concentrations and combination in the in vitro maturation and subsequent ovine embryo development.

## Conclusion

In conclusion, the results of the present study indicate that the addition of 1.5×MEM

vitamins may have detrimental effect on ovine blastocyst rate.

# **Acknowledgements**

Authors would like to thank Dr S. Bahrami nejad for help with statistical analysis and G. Salari and E. Kerendi for providing sheep ovaries. In addition, the authors would like to thank the JAHAD Agricultural Organization and Razi University for financial support.

# References

- 1. Guler A, Poulin N, Mermillod P, Terqui M, Cognie Y. Effect of growth factors, EGF and IGF-I, and estradiol on in vitro maturation of sheep oocytes. *Theriogenology* 2000; 54: 209-218.
- Accardo C, Dattena M, Pilichi S, Mara L, Chessa B, Cappai P. Effect of recombinant human FSH and LH on in vitro maturation of sheep oocytes; embryo development and viability. *Anim Rep Sci* 2004; 81: 77-86
- Ali A, Sirard MA. Effect of the absence or presence of various protein supplements on further development of bovine oocytes during in vitro maturation. *Biol Reprod* 2002; 66: 901-905.
- Sagirkaya H, Misirlioglu M, Kaya A, First NL, Parrish JJ, Memili E. Developmental potential of bovine oocytes cultured in different maturation and culture conditions. *Anim Rep Sci* 2007; 101: 225-240.
- Kane MT. The effects of water-soluble vitamins on the expansion of rabbit blastocysts in vitro. *J Exp Zool* 1988; 245: 220-223.
- Kane MT, Bavister BD. Vitamin requirements for development of eight-cell hamster embryos to hatching blastocysts in vitro. *Biol Reprod* 1988; 39: 1137-1143.
- 7. McKiernan SH, Bavister BD. Culture of one-cell hamster embryos with water soluble vitamins: pantothenate stimulates blastocyst production. *Hum Reprod* 2000; 15: 157-164.
- 8. Bormann CL, Ongeri EM, Krisher RL. The effect of vitamins during maturation of caprine oocytes on subsequent developmental potential in-vitro. *Theriogenology* 2003; 59: 1373-1380.
- Naruse K, Kim HR, Shin YM, Chang SM, Lee HR, Park CS, et al. Low concentrations of MEM vitamins during in vitro maturation of porcine oocytes improves subsequent parthenogenetic development. Theriogenology 2007; 67: 407-412.
- Naruse K, Quan YS, Choi SM, Park CS, Jin DI. Treatment of procine oocytes with MEM Vitamins during in vitro maturation improves subsequent

- blastocyst development following nuclear transfer. *J Rep Dev* 2007; 53: 679-684.
- 11. Kafilzadeh F, Shabankareh KH, Soltani L, Kazmeanijasmi V. Comparison of the effects of myo-inositol with MEM vitamins containing myo-inositol on development of sanjabi sheep embryos in maturation culture medium. *J Iran Anato Sci* 2011; 8: 191-198.
- 12. Shabankareh KH, Kafilzadeh F, Soltani L, Kazmeanijasmi V. The embryonic development of MEM vitamins during maturation of sheep oocytes in in vitro maturation medium with different sources of albumin. Annual scientific conference of Razi University, Kermanshah, 18-21 December 2010: 127.
- Karami Shabankareh H, Kafilzadeh F, Soltani L. Treatment of ovine oocytes with certain watersoluble vitamins during in vitro maturation (IVM). Small Rumin Res 2011, in press. doi:10.1016/ j.smallrumres.2011.09.050.
- Tervit HR, Whittingham DG, Rowson LEA. Successful culture in vitro of sheep and cattle ova. J Reprod Fertil 1972; 30: 493-497.
- 15. Karami Shabankareh H, Zandi M. Developmental potential of sheep oocytes cultured in different maturation media: effects of epidermal growth factor, insulin-like growth factor I, and cysteamine. Fertil Steril 2010; 94: 335-340.
- 16. Gandhi AP, Lane M, Gardner DK, Krisher RL. A single medium supports development of bovine embryos throughout maturation, fertilization and culture. *Hum Reprod* 2000; 15: 395-401.
- 17. Bolamba D, Russ KD, Olson MA, Sandler JL, Durrant BS. In vitro maturation of bitch oocytes from advanced preantral follicles in synthetic oviduct fluid medium: serum is not essential. *Theriogenology* 2002; 58: 1689-1703.
- 18. Gardner DK, Lane M, Spitzer A, Batt PB. Enhanced rates of cleavage and development for sheep zygotes cultured to the blastocyst stage in vitro in the absence of serum and somatic cells: amino acids, vitamins, and culturing embryos in groups stimulate development. *Biol Reprod* 1994; 50: 390-400.
- 19. Koo DB, Kim NH, Lee HT, Chung KS. Effects of fetal calf serum, amino acids, vitamins and insulin on blastocoel formation and hatching of in vivo and IVM/IVF-derived porcine embryos developing in vitro. *Theriogenology* 1997; 48: 791–802.
- Rosenkrans CF, First JrL, First NL. Effect of free amino acids and vitamins on cleavage and developmental rate of bovine zygotes in vitro. *J Anim* Sci 1994; 72: 434-437.
- Takahashi Y, First NL. In vitro development of bovine one-cell embryos: influence of glucose, lactate, pyruvate, amino acids and vitamins. *Theriogenology* 1992; 37: 963-978.
- 22. Combs Jr, GF. The vitamins: Fundamental aspects in nutrition and health. California: Academic Press 1998; 428-442.

23. Lane M, Gardner DK. Amino acids and vitamins prevent culture-induced metabolic perturbations and

associated loss of viability of mouse blastocysts. *Hum Reprod* 1998; 13: 991-997.