

# Erythrocyte and spermatozoa glucose-6-phosphate dehydrogenase activity in merino rams: An experimental study

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## Abstract

**Background:** Glucose-6-phosphate dehydrogenase (G6PD) is the first enzyme of the pentose phosphate metabolic pathway that supplies reducing agents by maintaining the level of reduced nicotinamide adenine dinucleotide phosphate.

**Objective:** It was aimed to determine the activity of erythrocyte and spermatozoa G6PD in the breeding and non-breeding seasons in Merino rams. And also, to find out the relation of these parameters with sperm quality parameters for better understanding the role of this enzyme in male fertility.

**Materials and Methods:** 1.5-2 yr-old healthy, 14 Merino rams were involved. Ejaculate samples were collected using an artificial vagina, in October (the breeding season) and April (the non-breeding season). Blood samples were collected prior to sperm collection. Sperm volume (ml), motility (%), mass activity (1-5), concentration ( $\times 10^6$ ), viability (%), abnormal acrosome morphology (%) and abnormal sperm morphology (%) was evaluated. The activities of spermatozoa and erythrocyte G6PD were determined and the relation of sperm parameters with G6PD activity was evaluated.

**Results:** Erythrocyte G6PD activity was higher ( $p \leq 0.001$ ), whereas spermatozoa G6PD activity was lower ( $p \leq 0.001$ ) in the breeding season ( $1.928 \pm 0.231$  U/g hemoglobin,  $129.65 \pm 28.41$  U/g protein, respectively) from that in the non-breeding ( $0.530 \pm 0.066$  U/g hemoglobin,  $562.36 \pm 94.92$  U/g protein, respectively). There were also significant differences among sperm quality parameters within the seasons. Positive correlation was determined between spermatozoa G6PD activity ( $r = 0.053$ ,  $p = 0.03$  and sperm concentration in the breeding season.

**Conclusion:** Higher spermatozoa G6PD activity in October, where the level of polyunsaturated fatty acids is suggested to be increased, may reflect the increased need of nicotinamide adenine dinucleotide phosphate and thus higher G6PD activity for the oxidative balance.

**Key words:** Spermatozoa, Erythrocyte, Ram, Glucose-6-phosphate dehydrogenase.

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## Introduction

Glucose-6-phosphate dehydrogenase (D-glucose 6-phosphate: NADP+ oxidoreductase EC 1.1.1.49; G6PD) regulates the pentose phosphate metabolic pathway that supplies reducing agents by maintaining the level of reduced nicotinamide adenine dinucleotide phosphate (NADPH). Therefore, it is a regulator of redox balance (1). It is reported that, ram sperm have higher polyunsaturated fatty acids than other species, in their sperm membrane, which increase vulnerability of the sperm to oxidative damage caused by free radicals such as reactive oxygen species (ROS). Cell

functions, that are sperm motility, fertilizing capability and morphology, are negatively affected by the production of excess ROS (2, 3). In spermatozoa, glucose is metabolized by glycolysis and the pentose phosphate pathway (4, 5). Luna and colleagues, reported that in ram sperm, G6PD is localized at the postacrosomal region and tail, especially in the midpiece of fresh spermatozoa (6). G6PD activity varies according to the stage of development of sperm cells; its activity is the highest in spermatocytes, lower in the spermatids and the lowest in spermatozoa (7). Semen production is influenced by climatic factors such as daylight time, temperature and humidity, in rams (8). Seasonal changes of

seminal plasma antioxidant enzyme activities (Glutathione reductase, glutathione peroxidase, catalase and superoxide dismutase) have been reported in Rasa Aragonesa rams (9).

The relationship between human erythrocyte and spermatozoa G6PD activity was reported (10). The activity and mRNA levels of semen G6PD was investigated in men, living in highly polluted areas (11). After environmental exposure to lead, human spermatozoa glutathione reductase activity was reduced by 47% ( $p < 0.05$ ), where catalase was increased by 109% ( $p < 0.05$ ) and G6PD was increased by 37% ( $p > 0.05$ ) (12). Sperm G6PD activity was reported to be lower in G6PD deficient men than those in normal individuals (10), on the other hand, G6PD deficiency seemed not to increase the susceptibility of human sperm to oxidative stress induced by  $H_2O_2$  (13). G6PD activity was lower in Beagle dogs with asthenozoospermia, compared to healthy ones. Also, sperm volume, concentration and motility were positively correlated with G6PD activity (14).

To our knowledge, the seasonal variation of G6PD activity, both in erythrocyte and spermatozoa, was not reported in rams. Also, the relationship between G6PD activity and sperm quality parameters was not reported. As ram semen is more vulnerable to oxidative damage than other species (2, 3).

We aimed to investigate erythrocyte and spermatozoa G6PD activities and the relationship with sperm quality parameters in Merino rams in the breeding and the non-breeding seasons, to better understand the role of this antioxidant enzyme on ram semen.

## Materials and methods

### Material

Semen and blood (erythrocyte) samples from 14 healthy Merino Rams (1.5-2 yr) were involved in the study. The rams were maintained under uniform feeding and housing (located at 37.857063 north latitude and 32.567036 east longitude) conditions and were fed with a ration composed of alfalfa hay, concentrated feed, corn silage and dried grape, had ad libitum access to fresh water. Group feeding was accessed.

### Methods

Ejaculate samples were collected from the rams using an artificial vagina, in October (the breeding season) and April (the non-breeding season) according to artificial insemination standard procedures (15).

### Evaluation of sperm parameters

Immediately after collection, the volume of ejaculates was evaluated in a conical tube graduated at 0.1 mL intervals (16). Using a phase-contrast microscope, semen mass activity was assessed at 40× magnification, graded on a subjective scale ranging from 1-5, where 1 represented no mass movement and 5 represented vigorous waves of sperm motion (16).

Semen was diluted with PBS (Sigma P4417) (1/10 w/w) and a wet mount was made using a 5  $\mu$ L drop of this dilution, placed directly on a microscope slide for determining subjective sperm motility (by a phase-contrast microscope (100×)). Motility estimations were performed in three different microscopic fields for each semen sample by the same researcher and the mean of the three successive estimations was recorded (16).

Sperm concentration was determined via hemocytometric method. Briefly, sperm was diluted at ratio of 1:200 with Hayem solution (5 g  $Na_2SO_4$  (Sigma 239313), 1 g NaCl (Sigma S9888), 0.5 g  $HgCl_2$  (Sigma V001972), 200 ml bicine (Aldrich 163791) and density was determined using a 100  $\mu$ m deep Thoma haemocytometer (TH-100, Hecht-Assistent, Sondheim, Germany) at 400× magnification by using a phase-contrast microscope and expressed as spermatozoa  $\times 10^9$  ml<sup>-1</sup> (17).

Hypo-osmotic swelling test was performed to determine the functional integrity of the sperm membrane (Viability), by incubating 30  $\mu$ L of semen with 300  $\mu$ L of a 100 mOsm hypoosmotic solution (4.9 g sodium citrate+9 g fructose for a liter of distilled water) at 37°C for 60 min. 400 sperms were evaluated for each sample, and the percentage of spermatozoa with swollen and twisted tails were recorded under phase-contrast microscope (400×) (18).

To evaluate sperm morphology, a minimum of three drops of each sample were added to tubes containing 1 ml Hancock solution (150 ml of saline, 62.5 ml of formalin (37%) (Sigma F8775), 150 ml of buffer solution and 500 ml of distilled water). The percentage of total

abnormal sperm morphology (abnormal acrosomal morphology+other abnormal sperm morphology) was recorded by counting a total of 400 sperm cells under phase-contrast microscopy (1000× magnification) (19).

#### Determination of erythrocyte and spermatozoa G6PD activities

Blood, collected in EDTA (Sigma-E1644), prior to sperm collection, was centrifuged at 600g ×10 min × +4°C. The red blood cells were isolated and washed three times with 0.16 M KCl (Sigma P9333). Erythrocyte pellet was stored at -86°C until the analysis of the enzyme. Just before the analysis of the enzyme, erythrocyte pellet was suspended with ice-cold distilled water and the hemolysate was centrifuged at 13000 g × 15 min × +4°C, supernatant was used for the enzyme analysis.

Ejaculates were centrifuged at 600g ×10 min +4°C and seminal plasma was removed. The cellular pellet was washed three times with 0.16 M KCl. Cellular pellet was resuspended in 1 ml 0.16 M KCl and stored at -86°C until the analysis of the enzyme. Just before the analysis of the enzyme, 1 ml spermatozoa in 0.16 M KCl was sonicated in 2 ml transparent, polyethylene tubes (1.5 cm in diameter, 6 cm in height) with continuous basis, by SONIC vibra cells (Sonics & Materials, INC, USA, model: VCX 130, Serial no: 45822, net power output 130 W, Frequency 20 kHz, Amplitude 100%, Prob: S&M 630-0422, Prob Model: CV18, Prob Serial No: 6837) for 5 repetitive and 10 sec duration with 30 sec cooling period (in ice) between each duration time. Then the homogenate was centrifuged at 13000 g × 15 min × +4°C and supernatant was used for the enzyme analysis (20).

G6PD activity was measured as described by Beutler (21), spectrophotometrically. Briefly, the enzyme sample was added to the 1 ml of (final volume) incubation mixture containing 100 µl 1 M Tris(VWR 28811.295)-HCl (Sigma H1758)-EDTA (pH 8.0)+100 µl 0,1 mol/L MgCl<sub>2</sub> (Sigma M2670), 100 µl 2 mM NADP+(Sigma N8160) and 100 µl 6 mM glucose-6 phosphate (Sigma G7879), distilled water and the supernatant. The increase in absorption at 340 nm due to the reduction of NADP<sup>+</sup> at 25°C was recorded.

#### Determination of protein and hemoglobin levels

Total protein levels was determined by Bradford Method, using bovine serum albumin as standard (22). Hemoglobin levels were determined with Drabkin's (Sigma Katalog No: D5941-6 VL) solution.

#### Ethical consideration

This study was approved by Selcuk University Veterinary Faculty Local Animal Research Ethics Committee (No: 2011/007) and the procedures have been approved and also care was taken to minimize the number of animals used.

#### Statistical analysis

Statistical analyses were performed with the SPSS (Statistical Package for the Social Sciences, version 12.00, Chicago, IL, USA) program. Results were expressed as the mean±SEM. Means between the seasons were analyzed by Students t-test. Correlation between erythrocyte and spermatozoa G6PD activities and sperm parameters were performed with Pearson correlation and considered significant at p<0.05.

### Results

Erythrocyte and spermatozoa G6PD activities in October (Breeding) and April (Non-breeding) and the correlation between sperm parameters are shown in table I and II. Erythrocyte G6PD activity was higher (p≤0.001) in the breeding season (1.928±0.231 U/g hemoglobin) from that in the non-breeding season (0.530±0.066 U/g hemoglobin). Spermatozoa G6PD activity was lower (p≤0.001) in the breeding season (129.65±28.41 U/g protein) compared to the non-breeding season (562.36±94.92 U/g protein). Spermatozoa total protein levels were found to be lower (p=0.004) in the breeding season (7.88±2.24 mg/dl) compared to the non-breeding season (14.99±5.38 g/dl). Among the analyzed sperm parameters, volume of ejaculates (p=0.004), viability (p=0.026) and abnormal acrosome morphology rate (p=0.006) were higher in the breeding season (2.36±0.16 ml, 82.93±3.49%, 2.71±0.27%, respectively) than in the non-breeding season (1.76±0.12 ml, 73.21±2.32%, 1.29±0.34%, respectively). Abnormal sperm

morphology rate was lower in the breeding season ( $7.36 \pm 0.68\%$ ,  $p=0.000$ ) compared to the non-breeding season ( $18.21 \pm 0.87\%$ ) (Table I).

As regards correlation values, there was only a positive correlation between concentration and spermatozoa G6PD activity ( $p=0.03$ ) in October (Table II).

**Table I.** Erythrocyte and spermatozoa G6PD activities and some sperm parameters (Mean $\pm$ SE, n=14) in October and April in merino rams

	October (breeding)	April (non-breeding)	p-value
Erythrocyte G6PD (U/g hemoglobin)	$1.928 \pm 0.231^a$	$0.530 \pm 0.066^b$	0.000
Spermatozoa G6PD (U/g protein)	$129.65 \pm 28.41^a$	$562.36 \pm 94.92^b$	0.000
Spermatozoa total protein (g/dl)	$7.88 \pm 0.22^a$	$14.99 \pm 0.54^b$	0.000
Volume of ejaculates (ml)	$2.36 \pm 0.16^a$	$1.76 \pm 0.12^b$	0.004
Mass activity (1-5)	$3.07 \pm 0.07$	$3.14 \pm 0.18$	-
Subjective Motility (%)	$83.57 \pm 1.33$	$83.57 \pm 1.10$	-
Concentration ( $\times 10^6$ )	$2330.36 \pm 198.00$	$2611.43 \pm 127.79$	-
Viability (%)	$82.93 \pm 3.49^a$	$73.21 \pm 2.32^b$	0.026
Abnormal acrosome morphology rate %	$2.71 \pm 0.27^a$	$1.29 \pm 0.34^b$	0.006
Abnormal sperm morphology rate %	$7.36 \pm 0.68^a$	$18.21 \pm 0.87^b$	0.000

Data presented as mean $\pm$ SD.

a, b: The same letters in the same row are statistically significant.

G6PD: Glucose-6-phosphate dehydrogenase activity.

**Table II.** Correlations (r values) of erythrocyte and spermatozoa G6PD activities with sperm parameters in merino rams (n=14)

	October (breeding)		April (non-breeding)	
	Erythrocyte G6PD (U/g hemoglobin)	Spermatozoa G6PD (U/g protein)	Erythrocyte G6PD (U/g hemoglobin)	Spermatozoa G6PD (U/g protein)
Sperm G6PD (U/g protein)	0.013	-	-0.104	-
Volume of ejaculates (ml)	0.362	0.440	-0.255	-0.197
Mass activity (1-5)	-0.066	-0.291	-0.158	-0.314
Subjective motility (%)	0.008	-0.178	-0.213	-0.047
Concentration ( $\times 10^6$ )	-0.115	0.553*	0.418	-0.105
Viability (%)	-0.173	0.129	0.363	-0.154
Abnormal acrosome morphology rate %	0.338	0.052	-0.511	-0.001
Abnormal sperm morphology rate %	-0.444	-0.114	0.029	0.514

\* $p < 0.03$

G6PD: Glucose-6-phosphate dehydrogenase activity.

## Discussion

G6PD is the first enzyme of the pentose phosphate metabolic pathway that supplies reducing agents by maintaining the level of the co-enzyme NADPH. It reduces nicotinamide adenine dinucleotide phosphate (NADP<sup>+</sup>) to NADPH, while oxidizing glucose-6-phosphate (23). The NADPH in turn, maintains the level of reduced glutathione (GSH) in the cell which protects red blood cells against oxidative damage (24).

In this study, erythrocyte G6PD activities in Merino rams in October, were in accordance with the literature, whereas, the levels were significantly lower in April. Sheep have the lowest G6PD activity in their erythrocyte, among the animals. It was reported that the activities are  $9.44 \pm 1.18$ ;  $13.82 \pm 1.19$ ;  $11.0 \pm 2.70$ ;  $11.86 \pm 1.52$ ;  $10.6 \pm 3.79$ ;  $1.98 \pm 0.27$  and  $1.20 \pm 0.37$  U/g Hb in the guinea pig, rat, dog, rabbit, monkey, goat and sheep, respectively (25). Erythrocyte G6PD activity also varies among sex characters; 1.81 U/g

Hb in Rahmani rams and 1.14 U/g Hb in Rahmani sheep (26). To our knowledge, this is the first study reporting the activity of erythrocyte G6PD in different seasons. The difference between October and April is suggested to be caused by seasonal changes such as daylight time, temperature and humidity.

In this study, spermatozoa G6PD activity was determined in the spermatozoa supernatant and based on protein levels (Between 129-562  $\mu\text{mol/NADPH/min/g}$  protein, U/g protein). G6PD activity was reported to be between 0.01-0.02 nmol/NADPH/ $10^6$  spermatozoa, in Rasa Aragonesa rams (6). In the literature (14), based on protein levels, G6PD activity of healthy Beagle dog sperm was reported to be  $11.3 \pm 3.0$  nmol/min/mg protein ( $11.3 \pm 3.0$  U/g protein).

Semen production is influenced by climatic factors such as daylight time, temperature and humidity, in rams (27, 28). Marti and colleagues (9) reported that antioxidant

enzymes changed throughout the year, in Rasa Aragonesa rams. Glutathione reductase, glutathione peroxidase, catalase and superoxide dismutase activities were  $3.12 \pm 0.31$ ,  $6.85 \pm 0.78$ ,  $8.73 \pm 0.77$ ,  $1.02 \pm 0.06$  nmol/min/mg protein in the breeding season, respectively, whereas their activities were  $4.14 \pm 0.22$ ,  $6.91 \pm 0.69$ ,  $16.70 \pm 1.55$ ,  $1.44 \pm 0.08$  nmol/min/mg protein in the non-breeding season, respectively. Catalase activity was higher in the non-breeding season. The higher levels of spermatozoa G6PD activity in the non-breeding season (April) is in accordance with Marti colleagues, who reported increased levels of seminal plasma antioxidant enzymes in the non-breeding season (9). The increased need of antioxidant potential and NADPH in the non-breeding season may be compensated by increased G6PD activity. The higher levels of antioxidant enzymes in ram seminal plasma in the non-breeding season and higher G6PD activity in spermatozoa in the non-breeding season in the current study can be attributed to the protective effects of G6PD against increased levels of ROS (9). Thus, in summer season, poly-unsaturated fatty acid (PUFA) levels in ram spermatozoa increase. Docohexaenoic acid ( $C_{22:6n^3}$ ) levels were reported to be  $24 \pm 0.74\%$  in winter and  $30.05 \pm 0.74\%$  in summer, and arachidonic acid ( $C_{20:4n^6}$ ) levels were  $0.97 \pm 0.05\%$  in winter and  $1.23 \pm 0.03\%$  in summer (9). As the levels PUFA increase in spermatozoa and seminal plasma, the ROS levels increase and the vulnerability of the sperm membrane to ROS increases (29, 30).

Thus, Yeni and colleagues, reported higher seminal plasma MDA levels in summer and autumn compared to winter in rams (31). Enzymatic and non-enzymatic antioxidants protect the sperm membrane from lipid peroxidation (9). Luna and colleagues also stated that there was relationship between the production of NADPH via the pentose phosphate pathway and sperm capacitation and fertilization (6). The antioxidant effects of G6PD may be attributed to its relation with fertility. Also, the higher levels of total protein in the non-breeding season in the current study may reflect the increased levels of antioxidant enzymes, needed for the elimination of excess ROS. Overall, the relationship of G6PD with different seasons needs further studies in order to investigate its role in fertility of rams.

## Conclusion

In conclusion, erythrocyte G6PD activity decreased and spermatozoa G6PD activity increased in October compared to April. A positive correlation was determined between spermatozoa G6PD activity and sperm concentration, in October. Higher spermatozoa G6PD activity in October, where the levels of PUFA is suggested to be increased, may reflect the increased need of NADPH and thus higher G6PD activity for the oxidative balance.

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## Conflict of interest

None of the authors have any financial or personal relationships that could inappropriately influence or bias the content of the paper.

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